

HOW DO WE KEEP THE FAITH?

(After a terrorist attack)

During times like this, surely our faith is shackled up. We find ourselves lost in the mist of many negative feelings like, anger, fear, treat, and distrust. Some of us might even question the existence of God. We feel we are powerless and vulnerable, and wonder what to do?

Truly, what we do is not what is important. What is important is where we come from. If we come from a place of fear and revenge, whatever we do will simply perpetuate the problem. If we come from a place of asking for another way; asking for a healing solution, whatever we chose to do will reflect this.

The first impulse when anything happens is: "What do I do?" We wish to do something immediately; we wish to react. However, if we can take a moment to center and check where we are coming from, the doing itself will come from an entirely different place, and the actions will reflect a totally different experience.

Where do we come from: Do we come from being right or do we come from asking for the best solution? Do we come from fear, or do we come from strength. Do we come from reaction, or do we come from the action of our inner wisdom. Do we come from struggle, or do we come from the invitation of God's healing. Do we come from panic, or do we come from a moment of centeredness. Do we come from anger, or do we come from praying to go beyond the problem. Do we come from trying to find the way alone, or do we come from asking God to lead the way, the path we choose. Where we come from makes all the difference in what we choose to do and ultimately in what we experience. Where are you coming from? Wherever you are coming from is what will be extended into the world

We are in a time of fast growth and transformation. More than ever before we need to harness our faith and believe that God's will is always for our best, even when we can not see how at the present moment. The grief and sorrow that we are going through, although painful it is clearly promoting an incredible sense of unity. Even if this unity is experienced only for a short while the inner connection that is being formed at this time certainly will enormously contribute to positives changes in our country through new actions, thoughts, choices and decisions.

Let's take a moment to think about those who lost their lives, not as victims but as enlighten souls, specially chosen to help us to open up our hearts and minds, to awaken our inner strength and wisdom to choose peace and unity.

This country will never be the same, but I do not see it in a negative way. I trust the changes that will come are positive changes. We were giving the chance to reflect upon the purpose and meaning of our lives. After the wounds have been healed, we will be much more united than never before. The unity will make us strong and powerful. We will have power to create the highest good for all life.

GOD BLESS AMERICA